

KALRA BRAIN & SPINE RICKY R. KALRA, MD

BRAIN, SPINE, AND SCOLIOSIS SURGERY

If you're familiar with the throbbing, aching, and electric-shock sensation associated with back pain, there's good news and hope on the horizon. Dr. Ricky Kalra, founder and chief surgeon at Kalra Brain & Spine, is ready to help you end the cycle of pain. Dr. Kalra and his team have a three-pronged approach for helping patients heal: they educate you on your current condition, effectively treat your issues, and help you recover and get back to activities as soon as possible.

LIVING LIFE TO THE FULLEST

Dr. Kalra's patients are eager to share how his surgical treatments have positively impacted their lives. Brandon Ericksen couldn't stand his agonizing back pain anymore. "When I would get home from work, I would take a nap just so I could get through the rest of the day. But eventually, I was waking up in excruciating pain every time." When the pain began to radiate down his legs, Brandon finally sought help. Dr. Kalra subscribes to the philosophy that surgery should be a last resort and only considered when all other modalities have failed to bring the needed relief. But in Brandon's case, Dr. Kalra felt back surgery would be crucial in offering him the best hope of living a life free from debilitating back and leg pain. "Now I'm back to playing basketball and swimming again," he says. "I'm so thankful for Dr. Kalra and his team."

When severe, persistent back pain caused Kristina Furnas to stop working at age 26, she



knew she needed to find a solution. After multiple pain management injections, a laminectomy, and ablation treatments, she still found no relief. She sought a second opinion with Dr. Kalra and immediately felt his compassion and confidence when he said he could help her. After a series of diagnostic tests and an MRI, Dr. Kalra created a surgery and treatment plan for her to move forward. Just five weeks after the surgery, she felt better than she had in years. "I'm so glad I trusted Dr. Kalra. I'm making improvements every day, and I'm excited to be alive again!"

A GLOBAL VIEW OF SPINE HEALTH

Originally from Plano, Dr. Kalra is a fellowship-trained neurosurgeon with special interest in brain tumors, minimally invasive spinal surgery approaches, and complex scoliosis surgery. His extensive education includes a specialized fellowship in Germany focused on the newest spinal treatments. Even though his education has taken him to many places, he always planned to return to the area, and he now lives just two miles from his old family home. This dedication to DFW and outstanding education and experience allows Dr. Kalra to comprehensively treat

"Now, I just walk around with a smile on my face. All I can say is if you get to the point where you can't take the pain anymore, go find help. Your life will be a lot better."

-Brandon, Kalra Brain & Spine Patient

"I'm so glad I trusted Dr. Kalra. I'm making improvements every day, and I'm excited to be alive again!"

-Kristina, Kalra Brain & Spine Patient

"We take pride in finding the ideal treatment for each unique patient; you'll never be pressured into surgery when less invasive options are viable solutions."

- Dr. Ricky Kalra

various cranial, spinal, and peripheral nerve conditions.

If you've had enough of distressing pain, don't wait a minute longer to contact Dr. Kalra at Kalra Brain & Spine and take the next step towards your journey to wellness and healing.

CONTACT

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